Pray on the "Armour of God"

Father God,

I put on the **belt of truth** around my waist. Help me to listen to and act on your truth alone, and not be deceived by the devil's lies.

I put on the **breastplate of righteousness.** Thank you that because of the cross I can be righteous in your sight. Help me live my life in a way that honours you. Guard my heart Lord.

I put on the **shoes of the gospel of peace.** Thank you that I can have peace with you through Jesus. Help me be ready and alert to share the Gospel of peace with others.

I stand behind the **shield of faith,** trusting that you are reigning, you are good, you are faithful and that you are all powerful.

I place the **helmet of salvation** on my head. Thank you for the promise of salvation made possible through Jesus. Keep my eyes fixed on this wonderful hope and mount a guard over my thoughts.

I take up the **sword of the Spirit.** Help me to listen to the voice of the Holy Spirit bringing a Scripture or instruction at my moment of need. In Jesus' name, Amen.

Ask the Lord to protect the faith of Christians who are persecuted around the world.

For the Kingdom, the power and the glory are yours, now and forever, Amen.

Finish by praising the Lord that He reigns and that one day His kingdom will come in all of its fullness.

"Yours, LORD, is the greatness and the power and the glory and the majesty and the splendour, for everything in heaven and earth is yours." (1 Chronicles 29:11)

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Personal Prayer Resources

(PPR011)

Praying the Lord's Prayer

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Our Father in Heaven

Praise God that He is your loving Heavenly Father – "Abba" and that you are free to approach His throne of grace.

"...the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father."" (Roman 8:15b)

Hallowed be Your name

Praise and worship God for who He is using a few of the following words:

Gracious, Merciful, Loving, Compassionate, Holy, Unchanging, Just, Mighty, Peace, Healer, Slow to anger, Righteous, Good, Provider, Restorer, Powerful.

Praise and worship God for what He has done for us. Choose a hymn or worship song and sing it to the Lord.

Ask the Lord to help you to always honour His name in your speech and in your actions.

Your Kingdom come, Your will be done on earth as in heaven

Invite the Lord to "reign over" every part of your life ie

- your relationship with Him,
- your relationships with other people (eg family, friends...)
- your ministry, time, money/resources, body...

Invite the Lord to reign over where you spend your days and to use you as His witness wherever you are.

Pray for a couple of people you know who aren't yet Christians that they would receive His love and be brought into His Kingdom.

Pray for the church that we might be faithful to our mission.

Pray for God's will to come about in whatever the pressing situations in your family / your church / the nation / the world are.

Give us today our daily bread

Ask the Lord to provide for:

- your physical needs, (food, health, strength, finance....)
- your emotional needs (peace of mind, joy, security in God's love....) and
- your spiritual needs (for filling with the Holy Spirit, a word from Him to encourage you.....)

Pray for the needs of others you know.

Forgive us our sins as we forgive those who sin against us

Pray the words below from Psalm 139 and allow the Lord to show you any sins that you need to confess.

"Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting." (Psalm 139:23-24)

Having confessed your sins, receive His forgiveness.

Ask the Lord to show you anyone you need to forgive then forgive anyone who comes to mind.

Lead us not into temptation but deliver us from evil.

Ask the Lord to protect you from the main temptation that you face (be it money, sex, power or something else) and to keep your eyes on Him.

